**Lauren Bartholomew, Psy.D**1450 East Boot Road, Suite 500-D  
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**Relevant Employment**

**8/17- current Freedman Clinical Associates  
 Private Practice  
 West Chester, PA  
 Post-doctoral resident** Supervisor: Albert M. Freedman, PhD  
 Licensed Clinical Psychologist

Responsibilities include conducting clinical intake interviews and providing therapeutic services for a diverse range of individuals and families. Primarily serving adolescents, with a focus on the psychological treatment of comorbid chronic health diagnoses. Provide after-hours and weekend support to patients and/or families in crisis. Liaise with community providers and medical doctors to provide continuity of care.

**9/14- 8/17 Insight Psychological Services  
 Private Practice  
 Stafford, VA  
 Post-doctoral resident** Supervisor: Kathryn Shaw, PsyD  
 Licensed Clinical Psychologist

Responsibilities included conducting clinical intake interviews for patients seeking therapy and assessment services, providing assessment services for a variety of patients with diverse diagnoses including attention-deficit/hyperactivity disorder, autism spectrum disorder, anxiety disorders, depressive disorders, bipolar disorders, oppositional defiant disorder, adjustment disorders, post-traumatic stress disorder, and learning disorders. Therapeutic services provided to a diverse population of patients including individuals and couples of varied socio-cultural and racial backgrounds with diagnoses such as persistent depressive disorder, major depressive disorder, bipolar II, schizoaffective disorder, generalized anxiety disorder, panic disorder, social anxiety disorder, chronic post-traumatic stress disorder, and adjustment disorders. Co-developed and co-facilitated a womens’ chronic post-traumatic stress disorder group. Other areas of focus include health psychology and patients with comorbid chronic health conditions as well as adolescent and adult children of personality disordered parents. Pro-bono therapy services were also provided. In addition, Insight Psychological Services is a new practice. I worked closely with Dr. Shaw in the establishment, organization, and decoration of the new practice, created assessment and chart storage systems, and contributed to the creation of practice paperwork.

**4/12- 8/13 Northern Virginia Clinical Services  
 Private Practice  
 Manassas, VA  
 Mental Health Therapist** Supervisor: Craig R. Dupuis  
 LPC, LMFT, CSAC

Responsibilities included conducting clinical intake interviews and providing psychotherapy to a variety of patients including children, adolescents, adults, and couples. Patient caseload included individuals with diagnoses such as major depression, bipolar disorder, post-traumatic stress disorder, anxiety disorders, oppositional defiant disorder, reactive attachment disorder, Asperger’s disorder, adjustment disorders, and gender identity disorder. Additional responsibilities included case management and administrative duties such as communicating with insurance companies and schedule organization for all therapists in the practice.

**12/10 Sterling Behavioral Health Services   
 Private Practice   
 Ashburn, VA  
 Psychometrician** Supervisor: Patrick J. Nisco PhD.  
 Licensed Clinical Psychologist

Responsibilities included administering psychological assessments including cognitive and psychodiagnostic assessments. Assessments included data scoring, interpretation, and writing comprehensive reports for a diverse population of patients. Additional responsibilities included maintaining the organization of the assessment database to increase efficiency of testing procedures.

**9/06- 4/07 Children’s Home of Easton   
 Easton PA** Supervisor: Joseph Gonzalez, MA  
 Undergraduate Intern

Responsibilities included assisting the agency’s resident family therapist in implementing and administering family therapy programs for adolescent residents, ages 12-17. Specifically, tasks included working with the family therapist and children in placement to improve individual behaviors, family relationships, and increase the chances of reunification where appropriate. Additional responsibilities included creating, organizing, and administering a therapeutic horseback riding program for ­the children at the home, as well as providing photography services of high school graduation ceremonies conducted on site.

**EDUCATION**

**9/08-8/14** **American School of Professional Psychology at Argosy University, Washington DC   
American Psychological Association Accredited   
Doctorate in Clinical Psychology**  
Arlington, VA

**9/07-8/08 Immaculata University   
Masters of Counseling Psychology Student  
American Psychological Association Accredited**   
Immaculata, PA

**Graduated 8/07 Cedar Crest College  
Allentown, PA**Bachelor of Arts  
Major: Psychology  
Minor: Gender studies

**Supervised Clinical Experience**

**9/13-8/14 Mid-Atlantic Internship Consortium, APPIC #2018  
 Placed at Stafford Family Counseling  
 Private Practice  
 Stafford, VA  
 Doctoral Intern** Supervisor: Kathryn Shaw, PsyD  
 Licensed Clinical Psychologist

Therapeutic responsibilities included conducting intake interviews, providing psychotherapy services to individuals, couples, and families, ages 11 to senior citizens. A diverse range of patients were treated, including African American, Asian American, Caucasian, and individuals of South American heritage. Patients carried diagnoses such as major depression, persistent depressive disorder, obsessive-compulsive disorder, eating disorders, attention deficit/hyperactivity disorder, adjustment disorder, post-traumatic stress disorder, and social anxiety disorder. Psychological assessment responsibilities included creating an organization system for office assessments, conducting intake assessments, developing test batteries, conducting assessments, scoring, report writing, and conducting feedback sessions. Other responsibilities included supervision of an undergraduate intern, co-developing a standard operating procedure manual for the organization, conducting case presentations, and chart management.

**8/11- 6/12 Fredericksburg Counseling Services  
 Community Mental Health Agency  
 Fredericksburg, VA  
 Clinical Extern**  
 Supervisor: Roy Jarnecke PhD  
 Licensed Clinical Psychologist

Responsibilities included conducting intake interviews as well as individual, family, and couples therapy with adolescents and adults. A diverse range of patients received psychological services at Fredericksburg Counseling Services, including African American, Caucasian, Asian, South American, and Middle Eastern individuals. Many patients were homeless or had chronic mental illness. Treated individuals with diagnoses such as major depression, dysthymia, pro-dromal schizophrenia, pain disorder associated with both psychological factors and a general medical condition, post-traumatic stress disorder, and generalized anxiety disorder. Other issues that were a focus of treatment included rape, sexual, emotional, and physical abuse, childhood neglect and maltreatment, severe chronic medical issues, homelessness, and poverty. Additional responsibilities included conducting community outreach programs and supporting agency fundraising endeavors. Further training included participation in case conferences and case management, consultation with other medical professionals and community service members, and didactic seminars on a broad range of topics.

**7/10- 6/11 Integrated Clinical Concepts  
 Private Practice  
 Herndon, VA  
 Clinical Extern** Supervisor: Todd Huntley PsyD  
 Licensed Clinical Psychologist

Responsibilities included conducting intake and clinical interviews as well as individual, couple, and family therapy with children, adolescents, and adults. Treated individuals diagnosed with major depression, dysthymia, anxiety disorders, phobias, oppositional defiant disorder, attention-deficit/hyperactivity disorder, and adjustment disorder. Diverse clientele included individuals from Caucasian, Middle Eastern, African American, Asian, and South American backgrounds. Additional responsibilities included administering and scoring psychological assessments. Further training included didactic training, participation in case conferences, case management, and consultations with parents and other clinicians.

**9/09- 5/10 Sterling Behavioral Health Services   
 Private Practice   
 Ashburn, VA  
 Clinical Extern** Supervisor: Patrick J. Nisco PhD  
 Licensed Clinical Psychologist

Responsibilities included administering two to three psychological assessments per week including psychodiagnostic and cognitive assessments. Assessments included data scoring, interpretation, and writing comprehensive reports for a diverse population of patients, including individuals of South American, Caucasian, African American, and Middle Eastern descent. Patient diagnoses included depression, anxiety, attention- deficit/hyperactivity disorder, and personality disorders. Additional responsibilities included organizing assessment database and ordering system to increase efficiency of testing procedures.

**RESEARCH**

Clinical Research Project (Dissertation). Completed as of 1/2014. Title: Psychological Adaptation to Vision Loss in Patients: A primer for Psychologists. Chair: Dr. Sherry Benica, PsyD.

**Presentations**

Bartholomew, L. (2012, April). The Psychological Treatment of Chronic Pain. Presented as didactic training session. Fredericksburg Counseling Services, Fredericksburg, VA.

Bartholomew, L. (2011, April). Emotional Intelligence. Poster presented at the 11th annual Cognition and Affect Campus Poster Session (A. August-Fedio), American School of Professional Psychology at Argosy University, Washington, DC, Arlington, Virginia.

**Honors, Awards, And certifications**

**2/2014** Completed training course with Love on a Leash, a therapeutic pet training and certification program. Certified handler of licensed therapeutic assistance canine, Lilly.

**1/2001-8/2002** Dean’s List for Academic Honors: Spring 2002

**11/2005** Published in Cedar Crest’s Annual literary publication, “In Other Words,” Volume 8, Number 1, Fall 2005.